

The 16-Point Accessory Rule

Start at your shoes and head upward. Give yourself:

- _____ One point for each of your shoes
- _____ One point if you have a pretty pedicure and it is showing because of open-toe shoes
- _____ One point if you have on fashionable tights or leggings (no points for regular pantyhose)
- _____ One point for each garment you have on. If your garment has more than two colors, give yourself an additional point. For example, if you have on black jeans, a black jacket, and a multi-colored blouse, you get 4 points total (one point each for your jeans and jacket, and two points for the multi-colored blouse)
- _____ One point if you are wearing a belt
- _____ One point for each of your rings (wedding ring sets receive one point for the set)
- _____ One point each for any watch, bracelet, or bangle
- _____ One point for a necklace (if your necklace has a double or triple strand or is very large, give yourself two points)
- _____ One point for each of your earrings
- _____ One point if you are wearing glasses
- _____ One point if you have makeup on
- _____ One point if you've had a compliment on your hair in the last two weeks
- _____ One point for nice nails (They don't have to be professionally manicured, but they do have to look taken care of. No chipped polish please)
- _____ One point for your handbag if you will be carrying it 100 percent of the time; if not, don't give yourself a point
- _____ One point for a shawl, hat, scarf, wrap or other add-on accessory item

That's it! Now add up your points and determine your score.
Here's what your number means:

- 0 points:** Well, you'd be naked!
- 12 points or under:** Girlfriend, you need some accessories. It's time to run out and get some NOW!
- 12-14 points:** Almost there, but not quite. Where can you add something? Do you need another bangle? How about another ring? Maybe you need to paint your nails.
- 14-16 points:** Well done, my friend. You've got it goin' on!
- Over 16 points:** Too much, sister! Take some things off till you settle at 16.

From the book *Good Girls Don't Have To Dress Bad* by Shari Braendel